



National
Trust

Local updates for partners, groups and communities
Autumn 2025

Lizard & Penrose Newsletter



Dollar Cove © National Trust Images

Welcome to our Autumn 2025 Newsletter

The transition from summer to autumn, here in Cornwall, has been a sharp one in terms of weather. With the turn of the season, we see a shift in the emphasis of our work – we are still welcoming plenty of visitors at the places in our care and we're starting to gear up for a winter of habitat management work and more. We hope this, our second newsletter, gives you a flavour of some of the things we've been doing for people, nature, climate and heritage over the course of the last year and that you enjoy reading about our work.

Within these pages, you can read about our new strategy which sets out some ambitious goals. To achieve these goals and to respond to increasing cost pressures, we are in the process of renewing the organisation through our 'sustainable future programme'. In the coming months we will see changes to our staffing structure, which will unfortunately see some job losses. You can read more about the [sustainable future programme here](#).

Despite the difficult nature of these changes, we are hopeful about the future and the role we, as a charity, have to play in protecting and promoting nature, beauty and history for everyone's benefit and we'd like to thank you for your continued support in helping us make this happen.



A vision for the future

Over 18 months the National Trust listened to more than 70,000 people – our partners, members, visitors, volunteers, staff and people we hadn't met before, asking them - 'how can we serve you?'

Our new strategy is the result of these conversations. And we're sharing it as an invitation for everyone to join us in the next, crucial decade of our mission.

Membership and visits to the National Trust remain the absolute foundation of all our work and we will continue to push for greater quality, greater enjoyment and more reasons to return.

Our new strategy has three ambitious goals:

Restore nature

End unequal access

Inspire millions

Renew the organisation

Since our last strategy in 2015, the world has changed. Nature has plummeted further and faster. The Covid-19 pandemic has exposed inequality of access to green space. Heritage and history have taken centre stage in public debates, while funding for local heritage has

been squeezed and stretched. Fragmenting communities and declining public trust will only make it harder to fix these problems. Yet we have more evidence than ever of how nature and heritage enrich our everyday lives. They give us joy and respite, inspire a sense of belonging and connect us to one another. It is these needs – the universal, everyday needs of people here in the UK – that are at the heart of our plans.

You can read more about our new strategy here:

[People and Nature Thriving](#)

Tree champions and Harbour heroes

Back in January, we began an exciting engagement project with Mullion School. After thoughtful planning and collaboration with the Head of Humanities, we kicked off the new year by delivering an assembly to Year 7 students. The session introduced careers within the National Trust and highlighted our commitment to Climate Action.

There are over 1,000 different job roles in the National Trust and [this inspiring video](#) alongside a fun quiz helped us demonstrate that to the year 7s.

Following the assembly, the 'Gunwalloe Tree Champions' were born - a dedicated group of students who met during lunchtimes to dive deeper into our conservation work at Gunwalloe. They explored our climate RACE framework (Reduce, Adapt, Capture, Engage) and learned about the vital role of carbon capture. Their efforts culminated in a hands-on tree planting session with our rangers.

In addition to getting their hands dirty, the Tree Champions hosted a bake sale and raised £44.62 to support further tree planting at Gunwalloe. A huge thank you to them for their initiative and energy!

"Thank you so much for yesterday, the students had a great time (I was getting the full low down today!) – Mrs Moreton,

Inspire Millions



Tree planting at Gunwalloe © Lydia Allt

Head of Humanities at Mullion School.

In March, in collaboration with the Mullion Cove Harbour Group, we held a classroom assembly for Year 8 and 9 students. This session introduced the history of Mullion Cove and Harbour and highlighted the importance of working alongside the local community to adapt our approach to its care. (You can read more about our adaptation work at Mullion [\[here\]](#).)

From this session, a smaller group of students joined us at the harbour for a lime-pointing workshop, where they learned traditional skills while completing essential maintenance on the harbour walls. These students continued to meet at lunchtimes to further explore the climate RACE initiative and understand why adaptation is key to preserving places like Mullion Cove.

In July, Teneriffe Farm Campsite welcomed Year 7 students as part of their 'Activities Week', offering the freedom and fresh air of the campsite.

We're excited to continue this rewarding partnership with Mullion School and look forward to more collaborative projects in the near future.

Duke of Edinburgh



Inspire Millions

Litter pick on Loe Bar © Lydia Allt

Last autumn, we re-launched our Duke of Edinburgh programme at Lizard & Penrose. We approached Helston and Mullion secondary schools and all six places were filled, with a mix of young people from both schools.

There are four main sections of a DofE Award: Physical, Skills, an Expedition and the bit where we come in, Volunteering. In order to complete their Bronze Award, the young people were required to complete 13 hours of volunteering between October and February.

The young people worked with different teams on a variety of tasks including tree planting at Nansloe and Gunwalloe, gardening in the Walled Garden at Penrose and Teneriffe Farm campsite, lime pointing at Mullion, clearing invasive plants at Poltesco and litter picking on Loe Bar.

The group were super enthusiastic and an absolute pleasure to work with. We are currently recruiting for this year's Duke of Edinburgh volunteering sessions and look forward to welcoming another group of young people very soon.

Chough success



Restore nature

Choughlets © Peter Hall

The Cornish chough population has grown by more than 100 for the fourth year running. In 2025, a record 48 pairs were successful in raising young – up from the previous high of 42 in 2024. These record numbers are further evidence of the success that has taken more than 20 years of conservation efforts to restore Cornwall's national bird to a healthy population.

This year, 129 choughlets were known to have fledged from nests around the Kernow coastline. Not all of this year's young will survive to adulthood and raise families of their own, but the higher the number of fledglings that survive each year, the more robust the birds become against extinction.

This year on the Lizard we had eight successful nests, four more than last year. In total they added 17 chough fledglings to the growing number of choughs on the Lizard. My thanks go to our hardy chough monitoring volunteers who spent many an early morning out on the coast path, waiting for signs of chough fledglings.

You can find out more about the Chough Conservation Network, in [this video](#) made a few years ago to celebrate the 20th anniversary of choughs returning to Cornwall.



Kynance viewpoint © NT images/ Sophie Bolesworth

Making every adventure welcoming for everyone

Did you know there are around 16 million disabled people in the UK and nearly 5 million carers who help them every day? That's a lot of amazing people who deserve to enjoy fun days out just like anyone else.

At the National Trust, we believe everyone should feel welcome at our places—whether you're exploring a castle, walking through a garden, or climbing a coastal path. That's why we're working hard to make our sites easier to visit for people with disabilities and anyone who needs a bit of extra help.

We've created something called Access Standards—a fancy name for a list of actions that help make our places better for everyone. These changes don't just help disabled visitors—they make things easier for families with buggies, older people and anyone who wants a smoother experience.

And because adventures often start online, we're making sure our websites have clear, helpful information about accessibility. We teamed up with AccessAble, a group that's awesome at checking how easy places are to visit. They've explored places like

Penrose, Kynance, Poldhu, Mullion, Gunwalloe and Lizard Point, collecting thousands of details—from door widths to photo guides—so visitors know what to expect.

You can now find these guides on each National Trust website under the Access section.

We're not stopping there. We'll keep improving and updating so that every visitor, no matter who they are, can enjoy the magic of the National Trust.

Because adventure belongs to everyone.

Mullion Cove – climate adaptation

This autumn, we co-hosted two public meetings with Mullion Cove Harbour Group for the second year running. The aim of these meetings is to keep people informed about the work we are doing to care for the harbour and cove, amidst the challenges that coastal and climate change are bringing at an increasing pace.

In our meetings last year, we took time to hear from people about what they cherished and valued about the cove and harbour and how they were connected to it. Hearing more detail about how people feel about the cove was both an honour and a delight; it was also important to capture and understand this before we started to make future plans.

As well as talking about our collaborative work, we also gave a brief introduction to the history of the harbour, the current situation and why we need to adapt the southern breakwater (because like-for-

like repairs are no longer viable on parts of structure). We had over 70 participants at these meetings and despite the tough nature of the changes we're seeing, there was a positive conversation about how we might step forward.

Roll on 12 months to Sept 2025 and we were together again updating the community on what we've done over the last 12 months.

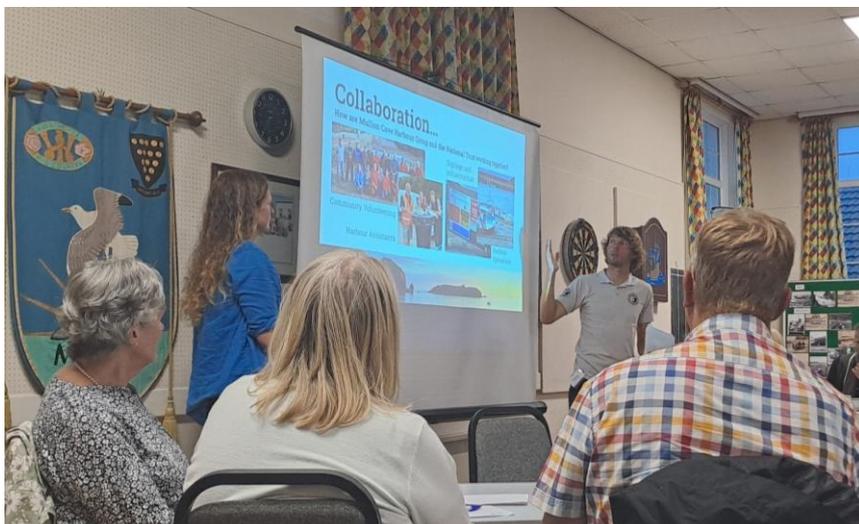
The biggest news we had to share was that, with thanks to the support from the [Climate Action Unit, University College London](#), we have been working with local community specialists and environmental and heritage specialists from within and external to the National Trust and Mullion Cove Harbour Group to create a Climate Adaptation Pathway Plan; a plan that will help us work effectively together on what is a journey of constant effort with constant change and uncertainty. This shared pathway plan will help

us adapt well together.

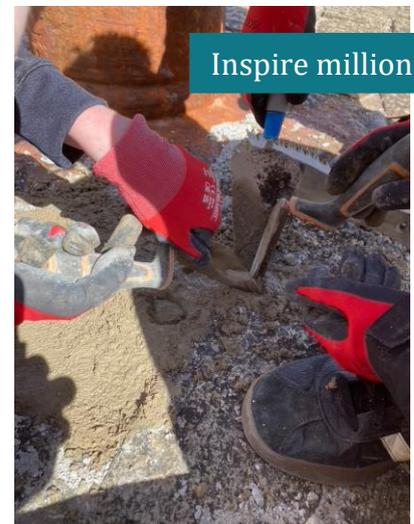
In our recent meetings we also gave an update on our work together to ensure the cove and harbour is a safe and welcoming place. We talked about our repair strategy, which covered condition reporting and collaborative planning on repair priorities, along with an update on what repairs had been done to the harbour walls and surrounding buildings this season.

We also talked about how people could get involved in the Cove, covering our work with Mullion school, harbour clean events and our lime-pointing sessions - where anyone can join us to learn a traditional skill while doing some small but vital repairs.

If you're interested in joining an upcoming lime pointing session please click [here to book your place](#) and if you'd like to learn more about our adaptation work, [please visit our website](#).



© Lydia Allt



Accessible beach clean

End unequal access

This summer we were delighted to support Access Cornwall in organising an accessible beach clean at Gunwalloe, Church Cove.

It was a real collaboration of organisations with staff and volunteers from Access Cornwall, Clean Cornwall and the National Trust.

A huge range of equipment was donated by Clean Cornwall which included everything from reusable bin bags, rollators and trolleys to extra long litter pickers for those with mobility challenges and bin hoops made from recycled plastic. It was an enjoyable day for all involved and we look forward to working with Access Cornwall again in the future.



Church Cove beach clean © Lydia Allt

Kerdhes War-barth

Earlier this year, we were joined by a group from across Cornwall who are part of the 'Speak Cornish' network and run regular Kerdhes War-barth (Walk together).

The walk was led by Ian, one of our volunteer walk leaders, and it included some expert 'Chough-chat' from Peter, a local chough monitoring volunteer. Much of Peter's talk was translated, by a Cornish speaker, along the way. A highlight was being able to show a Cornish lady her first ever chough or 'Palores' (in Cornish).



Cornish Language Walk ©Lydia Allt

Nansloe woodland creation



Calum tree planting © NT images

Restore nature

Inspire millions

In the early spring 2025 we concluded planting at Nansloe (Penrose), with over 8,000 trees planted by more than 600 individuals including 200 children from local primary schools.

The area of new trees is now being maintained by a dedicated tree care volunteer group and we're seeing an excellent success rate. This coming winter 2025/26, we are aiming to complete a new tree planting project, planting a further 2,000 trees. In selected areas, natural recolonisation will be encouraged, allowing ecological processes to gradually establish new woodland habitats. The tree planting will be delivered by our local volunteers and a number of local community groups.

The Trust aims to plant 20 million trees by 2030, which could capture and store up to 10 million tonnes of CO₂e over the next century.



Led by our team of volunteer walk leaders, we have a variety of walks on offer this season, offering a great opportunity to join us for some fresh air and time in nature.

The walks are free and they are open to everyone, regardless of walking experience or ability.

For further details please visit the websites below:

[Penrose walks](https://www.nationaltrust.org.uk/visit/cornwall/penrose/events)

<https://www.nationaltrust.org.uk/visit/cornwall/penrose/events>

[Lizard walks](https://www.nationaltrust.org.uk/visit/cornwall/lizard-point/events)

<https://www.nationaltrust.org.uk/visit/cornwall/lizard-point/events>



End unequal access

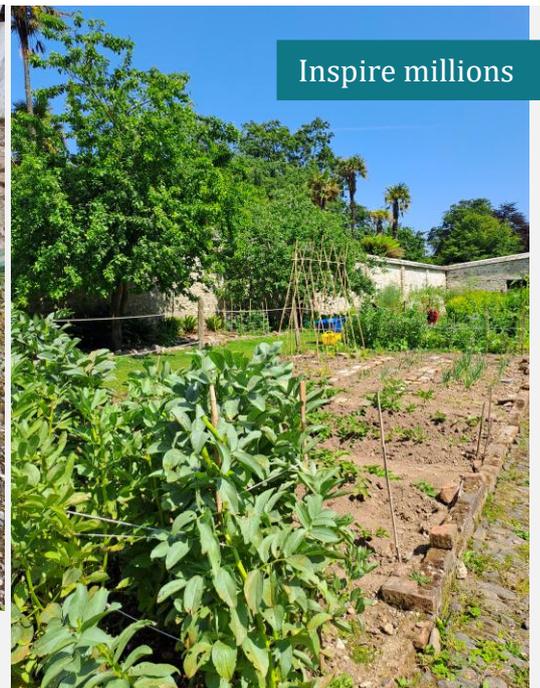
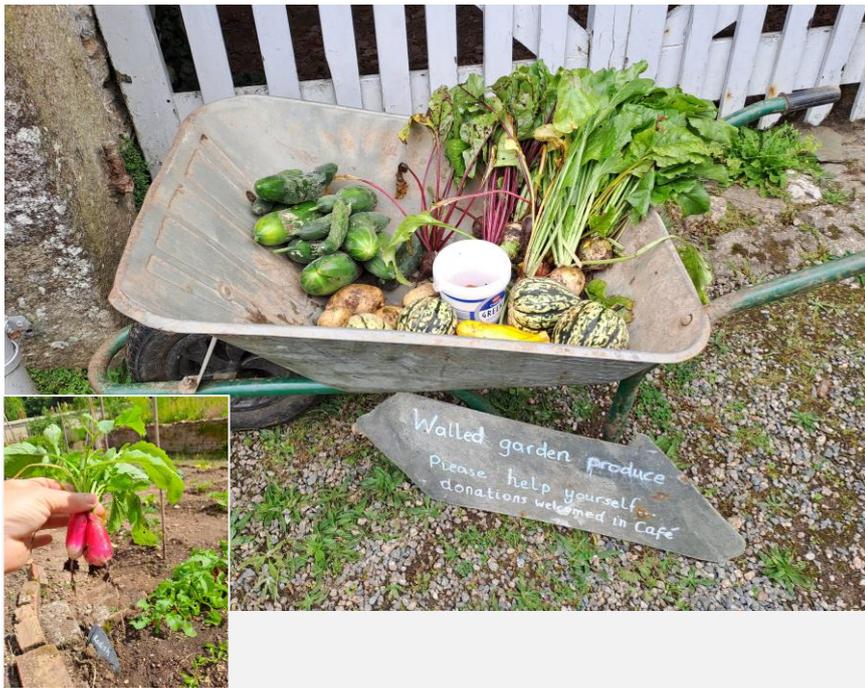


The new Penrose pin badge along with the existing Lizard Pin badge are now available in the Stables Café and Gunwalloe Kiosk.

Suggested donation £3

All monies raised stay local to help us care for Lizard & Penrose.





Walled garden produce © Lydia Allt

A bumper year at the Walled Garden

With a relatively mild winter and a warm spring in 2025, the walled garden at Penrose really has been looking at its best.

The ever-growing team of dedicated volunteers meet every Monday throughout the year to tend the expanding fruit and vegetable beds and nature friendly borders. The local robin often joins them, when it's not flying into the café to pinch cake crumbs...



We like to try some different crops each year such as borlotti beans (which are delicious), purple mangetout, lots of different squash varieties and 100-day peas. Last year we were thrilled to successfully grow a watermelon...



Produce is shared amongst the volunteers and visitors, who are encouraged to leave a donation in exchange for some tasty greens.

Last winter we put some of the beds to sleep with some lovely hessian sacks donated by a local coffee company. These are far more visually appealing than the usual horticultural black plastic, not to mention more environmentally friendly.



Penrose bridges

Work completed earlier this year on the new pair of bridges linking Helston Drive with the River Cober footpath. Running repairs on the old bridges spanned the past seven years, so we're very grateful to Cornwall National Landscape for generously funding the majority of the project, with the rest funded locally by the National Trust.

The bridges are now more inviting; they are significantly wider with the old steps replaced by gentle ramps. The bridges are also constructed with the finest hardwood oak and stainless-steel fixings, so they will link the two paths for many years to come.

End unequal access



Penrose bridges © Calum McIntosh

CAST- Off return

This summer, CAST-Off returned to the walled garden at Penrose for five sessions of outdoor creative activities.

Following on from the previous five years of CAST-Off, this year's programme offered a variety of artist-led activities and opportunities for free, creative play.

We would like to thank CAST once again for continuing to run a fantastic series of hugely popular events and bringing the walled garden to life for the hundreds of families taking part.

[Further information here.](#)

©image Lucy Grant

Inspire millions



Inspire millions



Lizard Point archaeology © Lydia Allt

An archaeological discovery

What began as a simple day out whilst on holiday turned into an extraordinary archaeological moment for 7-year-old Arthur, who made a remarkable discovery this August.

While exploring Lizard Point with his family, Arthur spotted some teeth on the ground and handed one to Ken, a volunteer at the wildlife watchpoint. As luck would have it, Ken is a retired dentist and he immediately recognised the tooth as human.

Further investigation revealed a jawbone and additional teeth protruding from the soil. A police cordon was quickly established but soon lifted once the remains were confirmed to be historic. The excitement didn't end there; another skull and more bones were spotted at the surface over a larger area, indicating there are likely to be multiple individuals buried here.

Thrilled to witness the story unfold, Arthur and his family have since travelled back from Somerset twice to join us for the two-day dig.

National Trust regional archaeologist, Jim Parry, initially suspected this could be a crouch burial, typical of the Bronze Age, but his excavations revealed a jumble of bones, likely reburied in this location after being moved from nearby, perhaps when access works to the cove were carried out.

How old are the remains?

The bones could date back as far as 4,000 years, placing them in the Bronze Age, or they might be more recent, perhaps from a shipwreck, putting them at a few hundred years old. Either way, the site contains remains from multiple individuals. One skeleton, likely a young female, has now been excavated and removed due to its proximity to the surface. We suspect that this year's unusually dry conditions and ongoing foot traffic and

erosion in this area have been a contributing factor to these remains coming to the surface.

What's next?

The bones will be sent for radiocarbon dating to determine a more precise age. Meanwhile, barriers will remain in place to protect the site, and plans are underway to continue excavation of the other remains as soon as possible.

A huge thank you goes out to the HART (Heritage Archaeology Ranger Team) and the Wildlife Watchpoint volunteers, who were on hand to share insights and answer questions from curious passersby whilst the dig took place.

[Boy's tooth find reveals historic burial mound on Lizard Point - BBC News](#)

[Historic tooth discovered by seven-year-old in Cornwall - Latest From ITV News](#)

Collaborating with Clean Ocean Sailing

Restore nature

Looking after numerous beaches, coves and shorelines around the Lizard also means having to deal with the beach waste which washes up on these beautiful shores every year. In collaboration with Clean Ocean Sailing, we try to ensure that anything which can be recycled, reused or repurposed, is.

A team of National Trust volunteers headed to the Clean Ocean Sailing base this summer. Together we sorted waste which had washed in at Lowland Point. This sorting process ensures that the waste can be correctly processed rather than ending up in a landfill or being incinerated. It's always fascinating (and sad) to see what get washed up on our shores and in this effort, we sorted 1,998 individual items weighing a total of 187kg. This included 137 pieces of polystyrene, 575 pieces of net or rope, 289 plastic bottles or fragments of bottle and 692 pieces of hard plastic (HDPE).

[Clean Ocean Sailing](#) works tirelessly to help clean our seas, while also making sure the waste is correctly recycled/repurposed and that companies creating the items are held to account. We also hugely value their support with tackling waste and abandoned boats in the Helford River via the [Wreck Free Initiative](#).



Clean Ocean Sailing © Lydia Allt/ Chamonix Newsam

Field Gentian: a rare find

Restore nature

We had a very rare find in 2024. Whilst walking across Lower Predannack Downs, Ed O'Connor (Reserves Manager for The Lizard NNR), stumbled upon a previously unrecorded population of Field Gentian *Gentianella campestris* growing along the footpath.

This delicate pink flower is considered the jewel in the crown of unimproved grasslands but is now incredibly rare, with less than 100 recorded sites across the UK, and perhaps just 5-6 sites left in Cornwall, most of which are on The Lizard.

Field Gentian has a complex ecology and was once found in a wide range of habitats, from upland grasslands to lowland heathlands and sand dunes, but like many grassland species it has suffered huge declines in the past 75 years, largely due to habitat loss and land management changes. Climate change also seems to be taking its toll, with summer droughts tipping the scales on already struggling populations. In the dry summer of



Field Gentian © Ed O'Connor

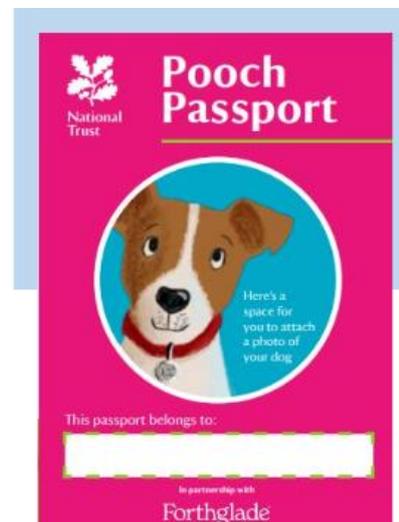
2022 almost every known population in the south of England failed.

The discovery of 20+ plants casually growing along one of our footpaths on the opposite side of the valley to the next nearest population is great news.

Pooch Passport

Penrose will once again be taking part in the national [Pooch Passport scheme](#) from 1 September 2025 – 28 February 2026.

Visitors will be able to collect their passport and receive their stamp from the Stables Café. After six stamps you can collect their free bag of Forthglade treats. After 12 stamps, participants will receive a bespoke National Trust dog collar tag.



Smart collars, wild results



Cows at Bass Point © Rachel Holder

You may be spotting cows with collars out on the cliffs and be wondering why. We're now into year two of trialling 'No Fence' collars on The Lizard.

These collars contain the stock, using virtual fences drawn by the farmer on an app. The collars know where they are in relation to the virtual fence via GPS and when the cow approaches the line, it hears an audible warning and if it crosses the line, it gets a short electric shock from the collar, much like a standard electric fence pulse. The cows are first trained to the collars in a field, before venturing out onto the cliffs. Two of our tenant farmers have been using the collars, kindly funded by Natural England. They are on Red Devon and Dexter cattle at places including Kynance, Predannack Airfield and Pen Olver and Bass Point.

Other brands are starting to offer competition to *No Fence* and it is likely collars will become an increasingly common sight, especially in trickier terrain where permanent fencing is very costly and visually intrusive.

The collars have other advantages – the farmer knows where their animals are before they set out, so no more long slogs across the heath on the off chance the cows are hiding in the far scrub. It is also possible to see if an animal is not moving very much compared to the rest of the herd, which helps get to potential issues with individuals earlier. From a conservation perspective, we can ask our graziers to focus the animals on areas that would benefit from more grazing or trampling, or to avoid any more sensitive habitats that don't need

so much attention.

At Kynance, we're using the collars to influence how much time the cattle spend in and around the car park and coast, ensuring their grazing overlaps less with peak visitor times and so far, so good.

Courtesy of Natural England's tenant farmer, the five goats munching ivy around outcrops to the north of Kynance Cove also wear collars. The *No Fence* collars are not presently licenced for ponies.



Heat map from the app, showing how cattle are using part of PenOlver



© Kieran Putt

Orchard Lane – a new way to wander

If you enjoy getting outside and exploring new places, there's a new walking route just outside Helford village that's worth checking out.

Thanks to funding from Cornwall National Landscapes, Farming in the Protected Landscape (FiPL) Fund and a Forest for Cornwall grant, the Lizard Ranger Team recently completed a project to create a traffic-free path at Orchard Lane. The old route was narrow with high hedges and not ideal when cars or vans came through— the new path offers a quieter, safer alternative with some great views of the estuary.

As well as putting the 'orchard' back into Orchard Lane, for the first time in 100 years (the previous

orchard was lost to houses and gardens), this project has also radically improved the area for nature.

The ranger team have planted trees and hedges and, through working with the Cornish Coastal Meadows Project, added wildflowers to bring some colour and nectar back into the fields, improving biodiversity and creating better habitats for wildlife. The funding from FiPL also enabled the installation of fencing to support local farming and prevent accidental wildlife disturbance from dogs on the new path.

The Orchard Lane proposals and project were supported by local residents and we hope they, like us, will enjoy watching how the area

evolves over time and how it changes as the seasons go by.

It's a simple, peaceful walk with a bit of history and a lot of potential for nature. Worth a visit if you're nearby. To find the new path, park in Helford's main carpark, walk up Orchard Lane near the shop, and look for the entrance on your right as you leave the village.



Two decades of photography workshops



Photography exhibition © Lydia Allt

In June, Falmouth University was delighted to announce a special photography exhibition celebrating two decades of Lizard Point Photography Workshops.

The exhibition, held in the Reading Rooms in The Lizard, showcased the incredible work of pupils from Landwednack and Mullion Community Primary Schools, who were invited to spend a day at Lizard Point unleashing their photographic creativity.

The digital, analogue and experimental photography was created during hands-on workshops led by students from Falmouth University's Institute of Photography. The workshops were guided by the

renowned pinhole and experimental photographer, Justin Quinnell.

A community event launched the exhibitions, with an invitation to an afternoon of art and memories. Attendees viewed the latest photographic creations, shared stories from past workshops and enjoyed refreshments.

This event marked a significant milestone in collaboration with local primary schools, Falmouth University, National Trust and the Youth Hostels Association (YHA). Over the past 20 years, these workshops provided local pupils with the opportunity to explore their creativity. Huge thanks to everyone involved.



Restore nature



Restored Heathland pool on Lower Predannack Downs © Seth Jackson

Celebrating success of the Rarities Project

In April this year, the Lizard team marked the successful completion of the Lizard Rarities Project — a two-year initiative focused on protecting and enhancing habitats for 15 rare and threatened species across the Lizard Peninsula.

This ambitious project targeted a diverse group of species, including flowering plants, lichens, bryophytes and the Grayling butterfly. Many of these species are found only on the Lizard in the UK, amongst the peninsula's more unique and ecologically significant habitats, such as species-rich coastal grasslands, heathlands, temporary pools and serpentine rock outcrops. Unfortunately, many of these habitats have become

fragmented or lost in recent decades due to changes in land management, a changing climate and the spread of invasive species.

To help reverse this trend, the project delivered a wide range of habitat creation and restoration efforts, all guided by species specialists:

- Over 30 new ponds and scrapes were created, providing vital habitat for species like Yellow Centaury and Pygmy Rush, which thrive in shallow pools that flood in winter but dry out in summer.
- Five hundred metres of heathland trackway were scraped to exposed bare ground to allow rare annuals to germinate, along with banks of seven overgrown pools.

- Thirteen priority rare plant sites and more than 20 rock outcrops were cleared of coarse vegetation and scrub, making space for specialist species such as Dwarf Rush and Land Quillwort.
- Almost 12 hectares of coastal slope and cliff near Lizard Point were cleared of invasive non-native plants, like Hottentot Fig and Purple Dew Plant, that smother rare species including Wild Asparagus.
- Fourteen kilometres of firebreaks were cut to protect fragile habitats from summer wildfires and to facilitate small, controlled winter burns that help rejuvenate heathland.

- Ten hectares of heathland were restored through controlled burns and grazing.
- 4km of new fences were installed to support conservation grazing and over 3km of redundant fences were removed from the landscape.

Collaboration was a key element of the project. By working closely with our National Nature Reserve (NNR) partners and tenant farmers, conservation grazing has been improved across the landscape – ensuring that these unique habitats are sustainably managed into the future. Volunteers also made a huge contribution, dedicating over 1,500 hours to help bring these habitats back to life.

The Lizard Rarities Project was funded by Natural England's Species Recovery Programme Capital Grants Scheme (SRPCGS). For more information see: [Species Recovery Programme on the Lizard | National Trust](#)



Scrape creation at Predannack Airfield © Seth Jackson

Christmas trail - get on Nature's Nice List

Join us at Penrose Stables Café this December and follow a trail around the Walled Garden to uncover the missing part of Santa's address.

Once you've completed the address fill in the Nature Pledges and post it to Father Christmas to be on 'nature's nice list'.

Further details at:

<https://www.nationaltrust.org.uk/visit/cornwall/penrose/events>



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